

PEACE PARENT LINK

FEBRUARY 2012



FAMILY FUN DAY

At the Peace Parent Link Centre
FREE activities for all families.



February 20th from 10 am to 2 pm.

There will be outdoor games, indoor crafts,
activities and **FREE** lunch.

Regular programming will be cancelled for this day.

**IN LIEU OF THE FAMILY DAY HOLIDAY (20th)
WE WILL BE CLOSED SATURDAY (25TH) & MONDAY (27TH)**



Thank you

*to Jana and Jorja-Rae with the North
Peace Gymnastics Club for coming to
help with our gross motor days during
the Hands On program.*

**There will be NO
La Petite École
Friday February 17**



YogaKids with JO



FOR: Children ages 3-6 (parents/guardians are invited to join or watch)

WHEN: January 18, 25, February 1, 8, 15, 22, 29

WHERE: Parent Link Meeting Room

TIME: 2:15—3:15 pm (please come 10-15 minutes early for the first lesson to sign in)

COST: FREE

BRING: Yoga mat or towel, water, and please wear comfortable clothing you can move in.

Please Register at the Parent LINK Centre

Working with families to give children the best start in life.
Peace Parent Link web: peaceparentlink.ca

LAUGH YOUR WAY TO A BETTER MARRIAGE

The Tale of Two Brains



Ever feel like you and your spouse are not on the same page?

Why does your spouse do what he/she does?

Why is our sex life the way it is?

How can we stay married and not abuse each other?

SUBJECTS TO BE ADDRESSED:

- * The Tale of Two Brains
- * The #1 Key to Incredible Sex
- * Why Does he/she Do That
- * How to stay married and Not Kill Anybody.

FRIDAY MARCH 23 6:00—9:00 P.M.

Friday night dinner and opening DVD session

SATURDAY MARCH 24 9:00—4:00 P.M.

Saturday sessions, bring a bagged lunch to share with your spouse.

SPRINGFIELD ELEMENTARY SCHOOL

Free childcare will be provided at the Sugar Plum Tree Daycare.
Contact Parent Link to register: 780-624-0770

Faith based approach by

Pastor Mark Gungor and facilitated by Rev. Shannon Whitehouse



www.laughyourway.com

SCHOLASTIC

Why read Scholastics?

Scholastics offers many tools to help children **learn to read**, from stories that teach **letter recognition**, to reading aids like picture clues, to complete **phonics-based reading systems**. Scholastics offer many products that **can't be purchased anywhere else** especially **affordable** paperback editions of books that are currently only available in hardcover. Ordering from Scholastic is hassle-free and books are delivered directly to Peace Parent Link.

How Peace Parent Link Benefits?

When you order a book, Peace Parent Link earns Bonus Coupons and Free Picks. These books and coupons we receive will be used to build up our resource library which features parenting books, children's literature and more. Each month new catalogues will be handed out with the order deadline written on the back. All books will be received 2-3 weeks after the order has been placed.

If you have any questions please feel free to talk to one of the Peace Parent Link staff.

FEBRUARY BOOK ORDER DUE February 20

Happy Reading!



NEW FEATURE!

Monthly Triple P Parenting Tips

PRESCHOOLERS: INTERRUPTING

All children need lots of attention from their parents. However, all parents occasionally need their own time, such as when they are on the telephone, talking to another adult or doing something that requires concentration. At these times it is reasonable to expect preschoolers to occupy themselves and not interrupt. At other times it is reasonable to expect a preschoolers to say 'Excuse Me' and wait when they want attention, rather than demand attention. HOW TO HELP PREVENT INTERRUPTIONS: Prepare your child ahead of time, explain the rules, talk about rewards, talk about consequences, plan some activities.

Taken from the Triple P Tip sheet "Preschoolers: Interrupting" To find out more information on Parenting Traps come join us for Power Hours.

Thursdays around Noon



Peace Parent Link



WINTER 2012 PROGRAMS

PEACE RIVER

7715-99th Street. * Phone: 780-624-0770

* Email: parentlink.peace@gmail.com

<i>Baby's Day Out</i>	Ages 0-14 Months	Thursdays 10:00—11:30 a.m. Portable #2	Information and support for new parents. Join us for 'baby talk', interactive activities and rhymes.
Hands On	Ages 14 months to 3 Years	Tuesdays & Thursdays 10:15—11:15 a.m.	Activities, songs & stories for you and your child
Imagine That	Ages 3-5 Years	Fridays 10:00—11:00 a.m.	Geared towards expanding your child's imaginative play. Each new adventure will build on 'real life skills' such as cooperative play, age appropriate social and language development, number recognition and problem solving as children explore the amazing world around them.
<i>Tiny Tunes</i>	Ages 0-5 Years	Wednesdays 10:15—11:00 a.m.	A fun music filled environment full of interactive songs & musical instruments.
Wonderful Words	Ages 3-5 Years	Tuesdays 2:30—3:30 p.m.	This program will focus on methods of story telling and retelling without using books. Children will be challenged to use their imagination and create characters and environments they will remember long after the story has been told. There will be activities and crafts directly related to the stories told and it is the perfect way to discover the world of the oral story with a child.
COLOUR MY WORLD!	Ages 0-6	One Friday a Month 10:00—11:30 a.m.	One Friday a month, we will be having an entire morning devoted to painting! Come in your painter clothes and join us for all kinds of colourful play! Older siblings welcome.

OUTREACH

Fairview Office: 10316-109 St.

Phone: 780-835-3273 * Email: parentlink.tracey@gmail.com

Manning Office: Manning Elementary Annex

Phone: 780-836-2758 * Email: parentlink.cindy@gmail.com

<i>Nampa Parent & Tots</i>	Ages 0-6 Years	Mondays 10:00—11:30 a.m. Nampa Library
Spirit River Silly Time	Ages 0-6 Years	Tuesdays 10:00—11:30 The Brownlee Building
Grimshaw Book Bugs	Ages 0-6 Years	Wednesdays 10:00—11:30 a.m. New Horizon Drop In Centre
Berwyn Book Bugs	Ages 0-6 Years	2:00—3:30 p.m. Lloyd Garrison School Playschool Room
<i>Hines Creek Happy Kids</i>	Ages 0-6 Years	Thursdays 10:00—11:30 a.m. Seniors Drop In Centre
Manning Love and Shine	Ages 0-6 Years	Fridays 10:00—11:30 a.m.
Hawk Hills Playground	Ages 0-6 Years	2nd Tuesday of the Month 10:00—11:30 a.m.
<i>La Petite École</i>	Ages 0-5 Years	Fridays 10:00 —11:30 am Ecole des Quatre-Vents (preschool classroom)

ALL PROGRAMS ARE SUBJECT TO CHANGE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>1 Tiny Tunes 10:15-11:00 a.m. Berwyn Book Bugs 2:00-3:30 p.m. Grimshaw Book Bugs 10:00-11:30 a.m. YogaKids with JO 2:15-3:15 p.m. Drop-In 9-5 p.m.</p>	<p>2 Baby's Day Out 10:00-11:30 a.m. Hands On 10:15-11:15 a.m. Hines Creek Happy Kids 10:00-11:30 a.m. Drop-In 9-5 p.m.</p>	<p>3 Imagine That 10:00-11:00 a.m. La Petite École École Quatre Vents 10:00-11:30 a.m. Manning Love & Shine 10:00-11:30 a.m. Drop-In 9-5 p.m.</p>	<p>4 Drop-In 10-2 p.m.</p>
<p>6 Nampa Parents & Tots 10-11:30 a.m., Drop-In 9-5 p.m.</p>	<p>7 Hands On 10:15-11:15 a.m. Spirit River Silly Time 10:00-11:30 a.m. Wonderful Words 2:30-3:30 p.m. Drop-In 9-5 p.m.</p>	<p>8 Tiny Tunes 10:15-11:00 a.m. Berwyn Book Bugs 2:00-3:30 p.m. Grimshaw Book Bugs 10:00-11:30 a.m. YogaKids with JO 2:15-3:15 p.m. Drop-In 9-5 p.m.</p>	<p>9 Baby's Day Out 10:00-11:30 a.m. Hands On 10:15-11:15 a.m. Hines Creek Happy Kids 10:00-11:30 a.m. Drop-In 9-5 p.m.</p>	<p>10 Imagine That 10:00-11:00 a.m. La Petite École École Quatre Vents 10:00-11:30 a.m. Manning Love & Shine 10:00-11:30 a.m. Drop-In 9-5 p.m.</p>	<p>11 Drop-In 10-2 p.m.</p>
<p>13 Nampa Parents & Tots 10-11:30 a.m., Drop-In 9-5 p.m.</p>	<p>14 Hands On 10:15-11:15 a.m. Spirit River Silly Time 10:00-11:30 a.m. Wonderful Words 2:30-3:30 p.m. Drop-In 9-5 p.m.</p>	<p>15 Tiny Tunes 10:15-11:00 a.m. Berwyn Book Bugs 2:00-3:30 p.m. Grimshaw Book Bugs 10:00-11:30 a.m. YogaKids with JO 2:15-3:15 p.m.</p>	<p>16 Baby's Day Out 10:00-11:30 a.m. Hands On 10:15-11:15 a.m. Hines Creek Happy Kids 10:00-11:30 a.m. Drop-In 9-5 p.m.</p>	<p>17 Imagine That 10:00-11:00 a.m. Drop-In 9-5 p.m.</p>	<p>18 Drop-In 10-2 p.m.</p>
<p>20 FAMILY FUN DAY 10-2 P.M.</p>	<p>21 Hands On 10:15-11:15 a.m. Spirit River Silly Time 10:00-11:30 a.m. Wonderful Words 2:30-3:30 p.m. Drop-In 9-5 p.m.</p>	<p>22 Tiny Tunes 10:15-11:00 a.m. Berwyn Book Bugs 2:00-3:30 p.m. Grimshaw Book Bugs 10:00-11:30 a.m.</p>	<p>23 Baby's Day Out 10:00-11:30 a.m. Hands On 10:15-11:15 a.m. Hines Creek Happy Kids 10:00-11:30 a.m. Drop-In 9-5 p.m.</p>	<p>24 Imagine That 10:00-11:00 a.m. La Petite École École Quatre Vents 10:00-11:30 a.m. Manning Love & Shine 10:00-11:30 a.m. Drop-In 9-5 p.m.</p>	<p>25 PLC CLOSED</p>
<p>27 PLC CLOSED</p>	<p>28 Hands On 10:15-11:15 a.m. Spirit River Silly Time 10:00-11:30 a.m. Wonderful Words 2:30-3:30 p.m. Drop-In 9-5 p.m.</p>	<p>29 Tiny Tunes 10:15-11:00 a.m. Berwyn Book Bugs 2:00-3:30 p.m. Grimshaw Book Bugs 10:00-11:30 a.m. Drop-In 9-5 p.m.</p>			